

# Continuing Education/Continuing Medical Education (CE/CME)

# Coping and Pain Management in Pediatric Spinal Fusion Patients

## October 19, 2022 to October 19, 2024

### **Presentation purpose:**

This course will educate nursing staff on supporting patients in coping post-operatively from a spinal fusion via a behavioral health approach. This includes helping the patients cope with pain and anxiety related to the acute postoperative time period. The course will be taught by Dr. Marcelle Friedman, a psychology fellow at the Dell Medical School.

## Learning objectives:

- Learners will be able to understand the importance and impact of pain and anxiety in postoperative spine patients
- Learners will be able to understand non-pharmacological interventions for pain and anxiety in postoperative spine patients
- Learners will be able to implement at least one non-pharmacological intervention for pain and anxiety in postoperative spine patients

## **Target audience:**

This activity is designed for the interdisciplinary audience including the following:

Specialties: Orthopedics

Professions: Nurse, Advanced Practice Nurse

#### Accreditation:



In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American JOINTLY ACCREDITED PROVIDER Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit designation:



ANCC contact hour(s). (based on 60 minutes per contact hour)

## **Faculty/Course Director/Planners:**

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

#### **Conflict of Interest:**

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities.

Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Molly Clayton, BSN, Registered Nurse	Course Director	Nothing to disclose - 10/11/2022
Logan Jenkins, MBA	Activity Administrator	Nothing to disclose - 10/10/2022
Lucy Gann, BSN	Nurse Planner	Nothing to disclose - 10/10/2022
Marcelle Friedman, PhD	Faculty	Nothing to disclose - 09/06/2022

## **Commercial Support:**

No commercial interest was received for this CE/CME activity.